

WINTER PROGRAM • JAN - FEB

Sign Up Today! (January 8 – February 18)



6 Week Class Series

\$99* For Members • \$129 For Non-Members

Flexible 5 Pack Drop-In Passes

\$125* For Members • \$166 For Non-Members

*Receive a 50% discount on original pricing if you sign up before January 14, 2024.

6 Week Class Series: Six 45-minute classes over six weeks in **one** chosen program.
Flexible 5 Pack Drop-in Passes: Five 45-minute drop-in classes in **any** program, with no restrictions on frequency.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:15 - 7:00am Boot Camp (with Tyler)				8:00-8:45pm HIIT (with Ron)	
12:05-12:50pm Zumba (with Ana)	12:05-12:50pm Yoga (with Rosemarie)	12:05-12:50pm Zumba (with Ana)	12:05-12:50pm Self Healing (with Yan)			
1:05-1:50pm Gentle Fitness (with Kim)		1:05-1:50pm Functional Circuit (with Kim)			2:30-3:15pm Yoga (with Rosemarie)	



Register at (403) 460-3873, www.fusefitness.ca/fitness-programs or scan here!