

WINTER PROGRAM II • MAR - APR



Sign Up Today! (MARCH 6 - APRIL 16)

\$49.50* For Members • **\$64.50*** For Non-Members
(6 Week Class Series • Mar 6 - Apr 16) ***50% OFF**
ORIGINAL PRICES

\$62.50 For Members • **\$83** For Non-Members
(Flexible 5 Pack Drop-In Passes) **50% OFF**
ORIGINAL PRICES

**Discount valid until March 13, 2023*

6 Week Class Series: Six 45-minute classes over six weeks in **one** chosen program.
Flexible 5 Pack Drop-in Passes: Five 45-minute drop-in classes in **any** program, with no restrictions on frequency.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			11:05am Pilates (with Sandi)			8:00am HIIT & Strength (with Ron)
11:05pm Yoga (with Rosemarie)	12:05pm TRX Training (with Tyler/Kim)	12:05pm Yoga (with Gita)	12:05pm Zumba (with Ana)	12:05pm Tai Chi (with Yan)	12:05pm Wellness Series: Massage Ball, Foam Roller, Breathe & Stretch, Core, Back Health	11:05am Boot Camp (with Ron/Marjorie)
	6:00pm HITT (with Julia)	7:00pm Pilates & Core (with Caroline)	6:00pm Boot Camp (with Marjorie/Tyler)	7:00pm Yoga (with Rosemarie)		

**Register at (403) 460-3873,
www.fusefitness.ca/fitness-programs or scan here!**



7725 Macleod Trail SW, Calgary AB • Ph.403.460.3873 • fusefitness.ca